

1decision and the PSHE Programme of Study

PSHE Association Quality Assured Resource
PSHE Association



Introduction

The updated PSHE Association Programme of Study for PSHE education (2020) supports schools to provide a comprehensive programme that combines the new statutory content for Relationships Education, Relationships and Sex Education (RSE), and Health Education.

In this document you will find the 1decision links to the PSHE Association's Programme of Study based on their three core themes:

Core theme 1: Health and Wellbeing - 1decision links can be found on the following pages - KS1 Pages 5-14/KS2 Pages 25-37

Core theme 2: Relationships -1decision links can be found on the following pages - KS1 Pages 14-20/KS2 Pages 38-46

Core theme 3: Living in the Wider World - 1decision links can be found on the following pages - KS1 Pages 21-24/KS2 Pages 46-54

You can view all of the 1decision topics on Pages 55-56

The 1decision resources have been built around the above three core themes, and the 10 principles of effective PSHE education, which are as follows:

1. Start where children and young people are: find out what they already know, understand, are able to do, and are able to say. For maximum impact, involve them in the planning of your PSHE education programme.
2. Plan a 'spiral programme' which introduces new and more challenging learning, while building on what has gone before, which reflects and meets the personal developmental needs of the children and young people.
3. Take a positive approach which does not attempt to induce shock or guilt but focuses on what children and young people can do to keep themselves and others healthy and safe and to lead happy and fulfilling lives.
4. Offer a wide variety of teaching and learning styles within PSHE education, with an emphasis on interactive learning and the teacher as facilitator.
5. Provide information which is realistic and relevant and which reinforces positive social norms.
6. Encourage young people to reflect on their learning and the progress they have made, and to transfer what they have learned to say and to do from one school subject to another, and from school to their lives in the wider community.
7. Recognise that the PSHE education programme is just one part of what a school can do to help a child to develop the knowledge, skills, attitudes and understanding they need to fulfil their potential. Link the PSHE education programme to other whole school approaches, to pastoral support, and provide a setting where the responsible choice becomes the easy choice. Encourage staff, families and the wider community to get involved.
8. Embed PSHE education within other efforts to ensure children and young people have positive relationships with adults, feel valued and where those who are most vulnerable are identified and supported.
9. Provide opportunities for children and young people to make real decisions about their lives, to take part in activities which simulate adult choices and where they can demonstrate their ability to take responsibility for their decisions.
10. Provide a safe and supportive learning environment where children and young people can develop the confidence to ask questions, challenge the information they are offered, draw on their own experience, express their views and opinions and put what they have learned into practice in their own lives.

Using 1decision within the Current PSHE Programme of Study

In line with the most current programme of study, 1decision was reassuringly one of the first primary programmes to receive the PSHE Association kitemark. The current programme is recommended for children aged 5-11 (mainstream) and is also suitable for many students with SEN needs.

Although the programme is broken in to age ranges, it is recommended that schools choose where the resources fit best in terms of student maturity, current knowledge, and geographical location.

The PSHE framework is not definitive and schools should adapt and enrich it as they feel appropriate, including relocating learning in different key stages in accordance with pupils' readiness or needs. PSHE education addresses pupils' previous experiences and prepares them for the future.

Throughout the following pages, you will find the most recent programme of study for PSHE (released by the PSHE Association). Within each section, we have identified the areas covered within the 1decision series.

Each module within the 1decision series builds on our Early Years programme and begins with a baseline assessment of the pupils' current knowledge, which allows teachers to address any gaps in their learning. Our 8-11 programme has clear progressive routes from our 5-8 programme, and the children's gained knowledge is highlighted throughout the assessment process.

For more information please review our Progression Routes document.

Our assessment has been built in line with the PSHE Association's recommendation for assessment (please see page 4).



Reading this document

Within this document you will find that each of the PSHE learning opportunities are linked to 1decision topics. These are broken down into 5-8 and 8-11 links and we have also used acronyms for each of the module names please see below.

KSS	KSH	REL	GAC	BR	FAE	CS	OW	WW	HW	AWWJ	FS	FA
Keeping/ Staying Safe	Keeping/ Staying Healthy	Relationships	Growing and Changing	Being Responsible	Feelings and Emotions	Computer Safety	Our World	The Working World	Hazard Watch	A World Without Judgement	Fire Safety	First Aid

For more information on how to deliver the modules, please see the 'How It Works' tab in the online portal.

PSHE Association's Recommendation for Assessment

"There are a number of reasons why it is important that learning in PSHE education is assessed. It is important for pupils to have opportunities to reflect on their learning, assessment also increases pupils' motivation and improves learning as their raised awareness of their development illustrates the value of their learning. It is important for teachers to feel confident that learning has taken place, to be able to demonstrate progress, and to identify future learning needs. It also allows the leadership team, parents, governors and school inspectors to see the impact that PSHE education is having for pupils and for whole school outcomes, such as Ofsted judgements on personal development, behaviour and welfare, safeguarding, spiritual, moral, social and cultural (SMSC) development and the promotion of fundamental British values. Without assessing your PSHE education, all you can do is describe your provision; you cannot show its impact.

The essential skills and attributes identified in the programme of study are arguably the hardest aspect of learning to assess. It is difficult for teachers to accurately assess a pupil's self-confidence or sense of their own identity and values. However, pupils themselves will be able to judge, for instance, whether they feel more confident, or have a firmer sense of their own beliefs and opinions than they did before a particular series of lessons. Such personal reflection in PSHE education lessons is essential, so ensuring pupils have time and space within the lessons to reflect on this, either privately or through discussion, is a vital part of the assessment process. Assessing learning in PSHE education must therefore use a combination of teacher assessment and pupil self- and peer assessment.

It would be inappropriate for assessment in PSHE education to be about levels or grades, passing or failing. The model of assessment that is most meaningful in PSHE education is ipsative assessment. Ipsative assessment compares where a pupil is at the end of a lesson or series of lessons against where they were before the lesson(s), in a similar way to an athlete measuring today's performance against their own previous performance. So the benchmark against which progress is measured is the pupil's own starting point, not the performance of others or the requirements of an exam syllabus". [12]



1. Baseline assessment

Carry out a baseline assessment before starting a new 'piece of learning' (which might be a single lesson or series of lessons constituting a 'module' or 'topic').

2. Assessment *for* Learning (AfL)

Build AfL into the lesson(s) to gauge understanding, adapt teaching, promote and maximise learning. Strategies might include building on the baseline assessment, structured questioning, mini-plenaries between activities, feedback and feed forwards.

3. Assessment *of* Learning (AoL)

At the end of the 'piece of learning', measure progress from the starting point (AoL). Use this to evidence progress and inform future teaching.

Source: PSHE Association's Programme of Study 2017.

1decision modules have been built around this assessment model.

12 PSHE Education Programme of Study, PSHE Association: https://www.pshe-association.org.uk/curriculum-and-resources/resources/programme-study-pshe-education-key-stages-1%E2%80%935 (Jan 2017), p.4

Core Theme 1: Health and Wellbeing - KS1

KS1 Learning opportunities in Health and Wellbeing

Pupils learn...

- *H1. about what keeping healthy means; different ways to keep healthy*

5-8 - KSH Baseline Ass | 5-8 - KSH Washing Hands | 5-8 - KSH Healthy Eating | 5-8 - KSH Brushing Teeth | 5-8 - KSH Summative Ass | 5-8 - FAE Summative Ass

- *H2. about foods that support good health and the risks of eating too much sugar*

5-8 - KSH Healthy Eating | 5-8 - KSH Brushing Teeth | 5-8 - KSH Summative Ass

- *H3. about how physical activity helps us to stay healthy; and ways to be physically active everyday*

5-8 - KSH Healthy Eating | 5-8 - KSH Summative Ass | 5-8 - FAE Summative Ass | 5-8 - BR Practice Makes Perfect

- *H4. about why sleep is important and different ways to rest and relax*

5-8 - KSH Baseline Ass | 5-8 - KSH Summative Ass | 5-8 - FAE Summative Ass

Core Theme 1: Health and Wellbeing - KS1

KS1 Learning opportunities in Health and Wellbeing

Pupils learn...

- *H5. simple hygiene routines that can stop germs from spreading*

5-8 - KSH Baseline Ass | 5-8 - KSH Washing Hands | 5-8 - KSH Brushing Teeth | 5-8 - KSH Summative Ass

- *H6. that medicines (including vaccinations and immunisations and those that support allergic reactions) can help people to stay healthy*

5-8 - KSH Medicine | 5-8 - KSH Summative Ass

- *H7. about dental care and visiting the dentist; how to brush teeth correctly; food and drink that support dental health*

5-8 - KSH Baseline Ass | 5-8 - KSH Brushing Teeth | 5-8 - KSH Summative Ass

- *H8. how to keep safe in the sun and protect skin from sun damage*

5-8 - KSS Baseline Ass | 5-8 - KSS Summative Ass

Core Theme 1: Health and Wellbeing - KS1

KS1 Learning opportunities in Health and Wellbeing

Pupils learn...

- *H9. about different ways to learn and play; recognising the importance of knowing when to take a break from time online or TV*

5-8 - KSH Baseline Ass | 5-8 - KSH Summative Ass | 5-8 - FAE Summative Ass | 5-8 - CS Baseline Ass | 5-8 - CS Online Bullying | 5-8 - CS Computer Safety Documentary

- *H10. about the people who help us to stay physically healthy*

5-8 - KSH Brushing Teeth | 5-8 - KSH Medicine | 5-8 - KSH Summative Ass

- *H11. about different feelings that humans can experience*

5-8 - REL Bullying | 5-8 - REL Body Language | 5-8 - FAE Baseline Ass | 5-8 - FAE Jealousy | 5-8 - FAE Worry | 5-8 - FAE Anger | 5-8 - FAE Grief/loss | 5-8 - FAE Summative Ass | 5-8 - CS Online Bullying | 5-8 - CS Image Sharing

- *H12. how to recognise and name different feelings*

5-8 - REL Bullying | 5-8 - REL Body Language | 5-8 - FAE Baseline Ass | 5-8 - FAE Jealousy | 5-8 - FAE Worry | 5-8 - FAE Anger | 5-8 - FAE Grief/loss | 5-8 - FAE Summative Ass

Core Theme 1: Health and Wellbeing - KS1

KS1 Learning opportunities in Health and Wellbeing

Pupils learn...

- *H13. how feelings can affect people's bodies and how they behave*

5-8 - KSS Tying Shoelaces | 5-8 - REL Body Language | 5-8 - FAE Baseline Ass | 5-8 - FAE Jealousy | 5-8 - FAE Worry | 5-8 - FAE Anger | 5-8 - FAE Grief/loss | 5-8 - FAE Summative Ass | 5-8 - CS Online Bullying | 5-8 - CS Image Sharing

- *H14. how to recognise what others might be feeling*

5-8 - KSS Tying Shoelaces | 5-8 - REL Bullying | 5-8 - REL Body Language | 5-8 - BR Stealing | 5-8 - FAE Baseline Ass | 5-8 - FAE Jealousy | 5-8 - FAE Worry | 5-8 - FAE Grief/loss | 5-8 - FAE Summative Ass | 5-8 - CS Online Bullying | 5-8 - CS Image Sharing

- *H15. to recognise that not everyone feels the same at the same time, or feels the same about the same things*

5-8 - KSS Tying Shoelaces | 5-8 - REL Baseline Ass | 5-8 - REL Friendship | 5-8 - REL Body Language | 5-8 - BR Stealing | 5-8 - FAE Baseline Ass | 5-8 - FAE Jealousy | 5-8 - FAE Worry | 5-8 - FAE Grief/loss | 5-8 - FAE Summative Ass | 5-8 - CS Online Bullying | 5-8 - FS Fire Safety

- *H16. about ways of sharing feelings; a range of words to describe feelings*

5-8 - KSS Tying Shoelaces | 5-8 - REL Baseline Ass | 5-8 - REL Bullying | 5-8 - REL Body Language | 5-8 - REL Summative Ass | 5-8 - FAE Baseline Ass | 5-8 - FAE Jealousy | 5-8 - FAE Worry | 5-8 - FAE Anger | 5-8 - FAE Grief/loss | 5-8 - FAE Summative Ass | 5-8 - FS Fire Safety

Core Theme 1: Health and Wellbeing - KS1

KS1 Learning opportunities in Health and Wellbeing

Pupils learn...

- *H17. about things that help people feel good (e.g. playing outside, doing things they enjoy, spending time with family, getting enough sleep)*

5-8 - KSH Baseline Ass | 5-8 - KSH Summative Ass | 5-8 - REL Baseline Ass | 5-8 - BR Baseline Ass | 5-8 - FAE Anger | 5-8 - FAE Grief/loss | 5-8 - FAE Summative Ass

- *H18. different things they can do to manage big feelings, to help calm themselves down and/or change their mood when they don't feel good*

5-8 - REL Body Language | 5-8 - REL Summative Ass | 5-8 - BR Practice Makes Perfect | 5-8 - FAE Baseline Ass | 5-8 - FAE Jealousy | 5-8 - FAE Worry | 5-8 - FAE Anger | 5-8 - FAE Grief/loss | 5-8 - FAE Summative Ass

- *H19. to recognise when they need help with feelings; that it is important to ask for help with feelings; and how to ask for it*

5-8 - REL Body Language | 5-8 - REL Touch | 5-8 - REL Summative Ass | 5-8 - FAE Baseline Ass | 5-8 - FAE Jealousy | 5-8 - FAE Worry | 5-8 - FAE Anger | 5-8 - FAE Grief/loss | 5-8 - FAE Summative Ass

- *H20. about change and loss (including death); to identify feelings associated with this; to recognise what helps people to feel better*

5-8 - FAE Grief/loss | 5-8 - FAE Summative Ass

Core Theme 1: Health and Wellbeing - KS1

KS1 Learning opportunities in Health and Wellbeing

Pupils learn...

- *H21. to recognise what makes them special*

5-8 - REL Baseline Ass | 5-8 - FAE Jealousy | 5-8 - OW Growing in Our World

- *H22. to recognise the ways in which we are all unique*

5-8 - KSS Staying Safe | 5-8 - REL Baseline Ass | 5-8 - BR Baseline Ass | 5-8 - BR Practice Makes Perfect | 5-8 - FAE Jealousy | 5-8 - OW Growing in Our World

- *H23. to identify what they are good at, what they like and dislike*

5-8 - BR Practice Makes Perfect | 5-8 - OW Growing in Our World

- *H24. how to manage when finding things difficult*

5-8 - KSS Baseline Ass | 5-8 - REL Friendship | 5-8 - REL Bullying | 5-8 - REL Summative Ass | 5-8 - BR Practice Makes Perfect | 5-8 - FAE Baseline Ass | 5-8 - FAE Worry | 5-8 - FAE Anger | 5-8 - FAE Grief/loss | 5-8 - FAE Summative Ass | 5-8 - CS Image Sharing

Core Theme 1: Health and Wellbeing - KS1

KS1 Learning opportunities in Health and Wellbeing

Pupils learn...

- *H25. to name the main parts of the body including external genitalia (e.g. vulva, vagina, penis, testicles)*

5-8 - REL Touch

- *H26. about growing and changing from young to old and how people's needs change*

5-8 - BR Baseline Ass | 5-8 - BR Summative Ass | 5-8 - OW Baseline Ass | 5-8 - OW Growing in Our World

- *H27. about preparing to move to a new class/year group*

5-8 - BR Baseline Ass | 5-8 - FAE Worry

- *H28. about rules and age restrictions that keep us safe*

5-8 - KSS Summative Ass | 5-8 - BR Water Spillage | 5-8 - CS Image Sharing | 5-8 - CS Computer Safety Documentary | 5-8 - HW Hazard Watch | 5-8 - FS Fire Safety

Core Theme 1: Health and Wellbeing - KS1

KS1 Learning opportunities in Health and Wellbeing

Pupils learn...

- *H29. to recognise risk in simple everyday situations and what action to take to minimise harm*

5-8 - KSS Baseline Ass | 5-8 - KSS Road Safety | 5-8 - KSS Tying Shoelaces | 5-8 - KSS Staying Safe | 5-8 - KSS Leaning Out of Windows | 5-8 - KSS Summative Ass | 5-8 - BR Water Spillage | 5-8 - BR Helping Someone in Need | 5-8 - BR Summative Ass

5-8 - CS Image Sharing | 5-8 - OW Living in Our World | 5-8 - HW Hazard Watch | 5-8 - FS Fire Safety

- *H30. about how to keep safe at home (including around electrical appliances) and fire safety (e.g. not playing with matches and lighters)*

5-8 - KSS Baseline Ass | 5-8 - KSS Tying Shoelaces | 5-8 - KSS Leaning Out of Windows | 5-8 - KSS Summative Ass | 5-8 - BR Water Spillage | 5-8 - HW Hazard Watch | 5-8 - FS Fire Safety

- *H31. that household products (including medicines) can be harmful if not used correctly*

5-8 - KSS Summative Ass | 5-8 - KSH Medicine | 5-8 - HW Hazard Watch

- *H32. ways to keep safe in familiar and unfamiliar environments (e.g. beach, shopping centre, park, swimming pool, on the street) and how to cross the road safely*

5-8 - KSS Baseline Ass | 5-8 - KSS Road Safety | 5-8 - KSS Staying Safe | 5-8 - KSS Leaning Out of Windows | 5-8 - KSS Summative Ass | 5-8 - REL Summative Ass | 5-8 - BR Helping Someone in Need | 5-8 - HW Hazard Watch | 5-8 - FS Fire Safety

Core Theme 1: Health and Wellbeing - KS1

KS1 Learning opportunities in Health and Wellbeing

Pupils learn...

- *H33. about the people whose job it is to help keep us safe*

5-8 - KSS Baseline Ass | 5-8 - KSS Road Safety | 5-8 - KSS Staying Safe | 5-8 - KSS Leaning Out of Windows | 5-8 - KSS Summative Ass | 5-8 - KSH Medicine | 5-8 - REL Summative Ass | 5-8 - HW Hazard Watch | 5-8 - FS Fire Safety

- *H34. basic rules to keep safe online, including what is meant by personal information and what should be kept private; the importance of telling a trusted adult if they come across something that scares them*

5-8 - CS Baseline Ass | 5-8 - CS Image Sharing | 5-8 - CS Computer Safety Documentary

- *H35. about what to do if there is an accident and someone is hurt*

5-8 - KSS Leaning Out of Windows | 5-8 - KSS Summative Ass | 5-8 - BR Water Spillage | 5-8 - FS Fire Safety

- *H36. how to get help in an emergency (how to dial 999 and what to say)*

5-8 - KSS Leaning Out of Windows | 5-8 - KSS Summative Ass | 5-8 - BR Water Spillage | 5-8 - FS Fire Safety

Core Theme 1: Health and Wellbeing - KS1

KS1 Learning opportunities in Health and Wellbeing

Pupils learn...

- *H37. about things that people can put into their body or on their skin; how these can affect how people feel*

Coming soon

Core Theme 2: Relationships - KS1

KS1 Learning opportunities in Relationships

Pupils learn...

- *R1. about the roles different people (e.g. acquaintances, friends and relatives) play in our lives*

5-8 - KSS Baseline Ass | 5-8 - KSS Tying Shoelaces | 5-8 - KSS Staying Safe | 5-8 - KSS Leaning Out of Windows | 5-8 - KSS Summative Ass | 5-8 - REL Baseline Ass | 5-8 - BR Baseline Ass | 5-8 - FAE Grief/loss | 5-8 - OW Growing in Our World | 5-8 - OW Living in Our World | 5-8 - OW Working in Our World | 5-8 - OW Looking After Our World | 5-8 - HW Hazard Watch

- *R2. to identify the people who love and care for them and what they do to help them feel cared for*

5-8 - KSS Baseline Ass | 5-8 - KSS Road Safety | 5-8 - KSS Staying Safe | 5-8 - KSS Leaning Out of Windows | 5-8 - KSS Summative Ass | 5-8 - REL Baseline Ass | 5-8 - REL Body Language | 5-8 - REL Summative Ass | 5-8 - FAE Grief/loss | 5-8 - FAE Summative Ass | 5-8 - OW Growing in Our World | 5-8 - OW Living in Our World | 5-8 - HW Hazard Watch

Core Theme 2: Relationships - KS1

KS1 Learning opportunities in Relationships

Pupils learn...

- *R3. about different types of families including those that may be different to their own*

5-8 - REL Baseline Ass | 5-8 - OW Growing in Our World

- *R4. to identify common features of family life*

5-8 - REL Baseline Ass | 5-8 - OW Growing in Our World | 5-8 - OW Living in Our World

- *R5. that it is important to tell someone (such as their teacher) if something about their family makes them unhappy or worried*

5-8 - KSS Summative Ass | 5-8 - REL Body Language | 5-8 - REL Touch | 5-8 - REL Summative Ass | 5-8 - FAE Worry | 5-8 - FAE Summative Ass

- *R6. about how people make friends and what makes a good friendship*

5-8 - REL Friendship | 5-8 - REL Bullying | 5-8 - REL Body Language | 5-8 - REL Summative Ass | 5-8 - BR Stealing | 5-8 - CS Online Bullying | 5-8 - CS Image Sharing

Core Theme 2: Relationships - KS1

KS1 Learning opportunities in Relationships

Pupils learn...

- *R7. about how to recognise when they or someone else feels lonely and what to do*

5-8 - REL Bullying | 5-8 - FAE Baseline Ass

- *R8. simple strategies to resolve arguments between friends positively*

5-8 - REL Friendship | 5-8 - REL Body Language

- *R9. how to ask for help if a friendship is making them feel unhappy*

5-8 - REL Friendship | 5-8 - REL Bullying | 5-8 - REL Summative Ass | 5-8 - FAE Summative Ass

- *R10. that bodies and feelings can be hurt by words and actions; that people can say hurtful things online*

5-8 - REL Body Language | 5-8 - REL Touch | 5-8 - REL Summative Ass | 5-8 - FAE Baseline Ass | 5-8 - FAE Jealousy | 5-8 - FAE Summative Ass | 5-8 - CS Baseline Ass | 5-8 - CS Online Bullying | 5-8 - CS Image Sharing | 5-8 - CS Computer Safety Documentary

Core Theme 2: Relationships - KS1

KS1 Learning opportunities in Relationships

Pupils learn...

- *R11. about how people may feel if they experience hurtful behaviour or bullying*

5-8 - REL Friendship | 5-8 - REL Bullying | 5-8 - REL Touch | 5-8 - REL Summative Ass | 5-8 - FAE Baseline Ass | 5-8 - FAE Jealousy | 5-8 - CS Online Bullying | 5-8 - CS Image Sharing

- *R12. that hurtful behaviour (offline and online) including teasing, name-calling, bullying and deliberately excluding others is not acceptable; how to report bullying; the importance of telling a trusted adult*

5-8 - REL Bullying | 5-8 - REL Touch | 5-8 - FAE Jealousy | 5-8 - CS Baseline Ass | 5-8 - CS Online Bullying | 5-8 - CS Image Sharing | 5-8 - CS Computer Safety Documentary

- *R13. to recognise that some things are private and the importance of respecting privacy; that parts of their body covered by underwear are private*

5-8 - REL Touch

- *R14. that sometimes people may behave differently online, including by pretending to be someone they are not*

5-8 - CS Online Bullying | 5-8 - CS Computer Safety Documentary

Core Theme 2: Relationships - KS1

KS1 Learning opportunities in Relationships

Pupils learn...

- ***R15. how to respond safely to adults they don't know***

5-8 - KSS Baseline Ass | 5-8 - KSS Staying Safe | 5-8 - KSS Summative Ass | 5-8 - BR Helping Someone in Need | 5-8 - CS Computer Safety Documentary

- ***R16. about how to respond if physical contact makes them feel uncomfortable or unsafe***

5-8 - KSS Staying Safe | 5-8 - KSS Summative Ass | 5-8 - REL Touch | 5-8 - REL Summative Ass

- ***R17. about knowing there are situations when they should ask for permission and also when their permission should be sought***

5-8 - KSS Road Safety | 5-8 - KSS Staying Safe | 5-8 - KSS Summative Ass | 5-8 - KSH Medicine | 5-8 - REL Summative Ass | 5-8 - BR Helping Someone in Need | 5-8 - CS Image Sharing | 5-8 - CS Computer Safety Documentary | 5-8 - HW Hazard Watch | 5-8 - FS Fire Safety

- ***R18. about the importance of not keeping adults' secrets (only happy surprises that others will find out about eventually)***

5-8 - REL Summative Ass

Core Theme 2: Relationships - KS1

KS1 Learning opportunities in Relationships

Pupils learn...

- ***R19. basic techniques for resisting pressure to do something they don't want to do and which may make them unsafe***

5-8 - KSS Baseline Ass | 5-8 - KSS Staying Safe | 5-8 - KSS Summative Ass | 5-8 - KSH Medicine | 5-8 - BR Helping Someone in Need | 5-8 - CS Baseline Ass | 5-8 - CS Summative Ass | 5-8 - FS Fire Safety

- ***R20. what to do if they feel unsafe or worried for themselves or others; who to ask for help and vocabulary to use when asking for help; importance of keeping trying until they are heard***

5-8 - KSS Baseline Ass | 5-8 - KSS Road Safety | 5-8 - KSS Staying Safe | 5-8 - KSS Summative Ass | 5-8 - KSH Medicine | 5-8 - REL Touch | 5-8 - REL Summative Ass | 5-8 - BR Helping Someone in Need | 5-8 - FAE Baseline Ass

5-8 - FAE Worry | 5-8 - FAE Summative Ass | 5-8 - CS Computer Safety Documentary | 5-8 - HW Hazard Watch | 5-8 - FS Fire Safety

- ***R21. about what is kind and unkind behaviour, and how this can affect others***

5-8 - REL Friendship | 5-8 - REL Bullying | 5-8 - REL Body Language | 5-8 - REL Touch | 5-8 - REL Summative Ass | 5-8 - BR Water Spillage | 5-8 - BR Summative Ass | 5-8 - FAE Baseline Ass | 5-8 - FAE Jealousy

5-8 - FAE Anger | 5-8 - FAE Summative Ass | 5-8 - CS Online Bullying | 5-8 - CS Image Sharing | 5-8 - CS Computer Safety Documentary | 5-8 - OW Living in Our World | 5-8 - OW Summative Ass | 5-8 - FS Fire Safety

- ***R22. about how to treat themselves and others with respect; how to be polite and courteous***

5-8 - KSS Staying Safe | 5-8 - REL Friendship | 5-8 - REL Body Language | 5-8 - REL Touch | 5-8 - REL Summative Ass | 5-8 - BR Helping Someone in Need | 5-8 - BR Stealing | 5-8 - FAE Jealousy | 5-8 - FAE Anger

5-8 - CS Online Bullying | 5-8 - CS Image Sharing | 5-8 - CS Computer Safety Documentary | 5-8 - OW Summative Ass | 5-8 - FS Fire Safety

Core Theme 2: Relationships - KS1

KS1 Learning opportunities in Relationships

Pupils learn...

- ***R23. to recognise the ways in which they are the same and different to others***

5-8 - REL Baseline Ass | 5-8 - BR Practice Makes Perfect | 5-8 - OW Growing in Our World

- ***R24. how to listen to other people and play and work cooperatively***

5-8 - REL Friendship | 5-8 - REL Bullying | 5-8 - REL Body Language | 5-8 - BR Practice Makes Perfect | 5-8 - FAE Jealousy

- ***R25. how to talk about and share their opinions on things that matter to them***

5-8 - REL Friendship | 5-8 - REL Touch | 5-8 - BR Practice Makes Perfect | 5-8 - FAE Worry

Core Theme 3: Living in the Wider World - KS1

KS1 Learning opportunities in Living in the Wider World

Pupils learn...

- *L1. about what rules are, why they are needed, and why different rules are needed for different situations*

5-8 - KSS
Leaning Out of Windows

5-8 - BR
Water Spillage

5-8 - CS
Image Sharing

5-8 - CS
Computer Safety Documentary

5-8 - FS
Fire Safety

- *L2. how people and other living things have different needs; about the responsibilities of caring for them*

5-8 - OW
Growing in Our World

5-8 - OW
Living in Our World

5-8 - OW
Looking After Our World

5-8 - OW
Summative Ass

- *L3. about things they can do to help look after their environment*

5-8 - OW
Living in Our World

5-8 - OW
Looking After Our World

5-8 - OW
Summative Ass

- *L4. about the different groups they belong to*

5-8 - REL
Baseline Ass

5-8 - OW
Baseline Ass

5-8 - OW
Growing in Our World

Core Theme 3: Living in the Wider World - KS1

KS1 Learning opportunities in Living in the Wider World

Pupils learn...

- *L5. about the different roles and responsibilities people have in their community*

5-8 - KSS Staying Safe | 5-8 - KSS Summative Ass | 5-8 - OW Living in Our World | 5-8 - OW Working in Our World | 5-8 - OW Looking After Our World | 5-8 - OW Summative Ass | 5-8 - FS Fire Safety

- *L6. to recognise the ways they are the same as, and different to, other people*

5-8 - REL Baseline Ass | 5-8 - REL Friendship | 5-8 - OW Growing in Our World

- *L7. about how the internet and digital devices can be used safely to find things out and to communicate with others*

5-8 - CS Baseline Ass | 5-8 - CS Image Sharing | 5-8 - CS Computer Safety Documentary

- *L8. about the role of the internet in everyday life*

5-8 - CS Baseline Ass | 5-8 - CS Computer Safety Documentary

Core Theme 3: Living in the Wider World - KS1

KS1 Learning opportunities in Living in the Wider World

Pupils learn...

- *L9. that not all information seen online is true*

5-8 - CS
Computer Safety Documentary

- *L10. what money is; forms that money comes in; that money comes from different sources*

5-8 - OW
Working in Our World

- *L11. that people make different choices about how to save and spend money*

5-8 - OW
Working in Our World

- *L12. about the difference between needs and wants; that sometimes people may not always be able to have the things they want*

5-8 - BR
Stealing

5-8 - OW
Working in Our World

Core Theme 3: Living in the Wider World - KS1

KS1 Learning opportunities in Living in the Wider World

Pupils learn...

- *L13. that money needs to be looked after; different ways of doing this*

5-8 - OW
Working in Our World

- *L14. that everyone has different strengths*

5-8 - BR
Practice Makes Perfect

5-8 - FAE
Jealousy

- *L15. that jobs help people to earn money to pay for thingsy*

5-8 - OW
Working in Our World

- *L16. different jobs that people they know or people who work in the community do*

5-8 - KSS
Staying Safe

5-8 - OW
Living in Our World

5-8 - OW
Working in Our World

5-8 - FS
Fire Safety

Core Theme 3: Living in the Wider World - KS1

KS1 Learning opportunities in Living in the Wider World

Pupils learn...

- *L17. about some of the strengths and interests someone might need to do different jobs*

5-8 - BR
Practice Makes Perfect

5-8 - OW
Living in Our World

5-8 - OW
Working in Our World

Core Theme 1: Health and Wellbeing - KS2

KS2 Learning opportunities in Health and Wellbeing

Pupils learn...

- *H1. how to make informed decisions about health*

5-8 - KSH
Summative Ass

8-11 - KSH
Baseline Ass

8-11 - KSH
Healthy Living

8-11 - KSH
Smoking

8-11 - KSH
Adult & Children's Views

8-11 - KSH
Alcohol/Drugs

8-11 - KSH
Summative Ass

8-11 - GAC
Puberty

8-11 - FAE
Baseline Ass

- *H2. about the elements of a balanced, healthy lifestyle*

5-8 - KSH
Summative Ass

8-11 - KSH
Baseline Ass

8-11 - KSH
Healthy Living

8-11 - KSH
Adult & Children's Views

8-11 - KSH
Summative Ass

8-11 - FAE
Baseline Ass

Core Theme 1: Health and Wellbeing - KS2

KS2 Learning opportunities in Health and Wellbeing

Pupils learn...

- *H3. about choices that support a healthy lifestyle, and recognise what might influence these*

5-8 - KSH Summative Ass | 8-11- KSS Cycle Safety | 8-11 - KSH Baseline Ass | 8-11 - KSH Healthy Living | 8-11 - KSH Smoking | 8-11 - KSH Adult & Children's Views | 8-11 - KSH Alcohol/Drugs | 8-11 - KSH Summative Ass | 8-11 - FAE Baseline Ass

- *H4. how to recognise that habits can have both positive and negative effects on a healthy lifestyle*

5-8 - FAE Summative Ass | 8-11 - KSH Baseline Ass | 8-11 - KSH Healthy Living | 8-11 - KSH Smoking | 8-11 - KSH Adult & Children's Views | 8-11 - FAE Baseline Ass | 8-11 - WW In-App Purchases

- *H5. about what good physical health means; how to recognise early signs of physical illness*

8-11 - KSH Healthy Living | 8-11 - KSH Summative Ass | 8-11 - FAE Baseline Ass

- *H6. about what constitutes a healthy diet; how to plan healthy meals; benefits to health and wellbeing of eating nutritionally rich foods; risks associated with not eating a healthy diet including obesity and tooth decay.*

5-8 - KSH Summative Ass | 8-11 - KSH Baseline Ass | 8-11 - KSH Healthy Living

Core Theme 1: Health and Wellbeing - KS2

KS2 Learning opportunities in Health and Wellbeing

Pupils learn...

- *H7. how regular (daily/weekly) exercise benefits mental and physical health (e.g. walking or cycling to school, daily active mile); recognise opportunities to be physically active and some of the risks associated with an inactive lifestyle*

5-8 - KSH Summative Ass | 8-11- KSS Cycle Safety | 8-11 - KSH Baseline Ass | 8-11 - KSH Healthy Living | 8-11 - KSH Adult & Children's Views | 8-11 - FAE Baseline Ass

- *H8. about how sleep contributes to a healthy lifestyle; routines that support good quality sleep; the effects of lack of sleep on the body, feelings, behaviour and ability to learn*

5-8 - FAE Summative Ass | 8-11 - KSH Baseline Ass | 8-11 - KSH Healthy Living | 8-11 - KSH Adult & Children's Views | 8-11 - FAE Baseline Ass

- *H9. that bacteria and viruses can affect health; how everyday hygiene routines can limit the spread of infection; the wider importance of personal hygiene and how to maintain it*

5-8 - KSH Summative Ass | 8-11 - KSH Baseline Ass | 8-11 - KSH Healthy Living

- *H10. how medicines, when used responsibly, contribute to health; that some diseases can be prevented by vaccinations and immunisations; how allergies can be managed*

5-8 - KSH Medicine | 5-8 - KSH Summative Ass | 8-11 - KSH Adult & Children's Views | 8-11 - KSH Alcohol/Drugs | 8-11 - KSH Summative Ass

Core Theme 1: Health and Wellbeing - KS2

KS2 Learning opportunities in Health and Wellbeing

Pupils learn...

- *H11. how to maintain good oral hygiene (including correct brushing and flossing); why regular visits to the dentist are essential; the impact of lifestyle choices on dental care (e.g. sugar consumption/acidic drinks such as fruit juices, smoothies and fruit teas; the effects of smoking)*

5-8 - KSH Summative Ass | 8-11 - KSH Baseline Ass | 8-11 - KSH Healthy Living

- *H12. about the benefits of sun exposure and risks of overexposure; how to keep safe from sun damage and sun/heat stroke and reduce the risk of skin cancer*

5-8 - KSS Summative Ass | 5-8 - KSH Summative Ass | 8-11 - KSH Adult & Children's Views | 8-11 - KSH Summative Ass

- *H13. about the benefits of the internet; the importance of balancing time online with other activities; strategies for managing time online*

5-8 - KSH Summative Ass | 8-11 - KSH Healthy Living | 8-11 - KSH Adult & Children's Views | 8-11 - CS Adult & Children's Views | 8-11 - CS Summative Ass

- *H14. how and when to seek support, including which adults to speak to in and outside school, if they are worried about their health*

5-8 - KSH Medicine | 5-8 - KSH Summative Ass | 8-11 - KSH Baseline Ass | 8-11 - KSH Adult & Children's Views | 8-11 - KSH Summative Ass | 8-11 - FAE Baseline Ass

Core Theme 1: Health and Wellbeing - KS2

KS2 Learning opportunities in Health and Wellbeing

Pupils learn...

- *H15. that mental health, just like physical health, is part of daily life; the importance of taking care of mental health*

5-8 - KSH Summative Ass | 5-8 - FAE Summative Ass | 8-11 - KSH Baseline Ass | 8-11 - KSH Healthy Living | 8-11 - KSH Adult & Children's Views | 8-11 - KSH Summative Ass | 8-11 - FAE Baseline Ass | 8-11 - FAE Adult & Children's Views | 8-11 - FAE Worry

- *H16. about strategies and behaviours that support mental health — including how good quality sleep, physical exercise/time outdoors, being involved in community groups, doing things for others, clubs, and activities, hobbies and spending time with family and friends can support mental health and wellbeing*

5-8 - KSH Summative Ass | 5-8 - FAE Summative Ass | 8-11 - KSH Baseline Ass | 8-11 - KSH Healthy Living | 8-11 - KSH Adult & Children's Views | 8-11 - KSH Summative Ass | 8-11 - BR Looking Out for Others | 8-11 - FAE Baseline Ass | 8-11 - WW Chores at Home | 8-11 - AWWJ Breaking Down Barriers

- *H17. to recognise that feelings can change over time and range in intensity*

5-8 - FAE Grief/loss | 8-11 - GAC Puberty | 8-11 - GAC Summative Ass | 8-11 - FAE Baseline Ass | 8-11 - FAE Jealousy | 8-11 - FAE Anger | 8-11 - FAE Adult & Children's Views | 8-11 - FAE Worry | 8-11 - FAE Summative Ass

- *H18. about everyday things that affect feelings and the importance of expressing feelings*

5-8 - REL Touch | 5-8 - REL Summative Ass | 5-8 - FAE Grief/loss | 5-8 - FAE Summative Ass | 8-11- KSS Peer Pressure | 8-11 - KSH Summative Ass | 8-11 - GAC Appropriate Touch/ Relationships | 8-11 - GAC Summative Ass | 8-11 - BR Looking Out for Others

8-11 - FAE Baseline Ass | 8-11 - FAE Jealousy | 8-11 - FAE Anger | 8-11 - FAE Adult & Children's Views | 8-11 - FAE Worry | 8-11 - FAE Summative Ass | 8-11 - CS Online Bullying

Core Theme 1: Health and Wellbeing - KS2

KS2 Learning opportunities in Health and Wellbeing

Pupils learn...

- *H19. a varied vocabulary to use when talking about feelings; about how to express feelings in different ways;*

5-8 - REL Summative Ass | 5-8 - FAE Grief/loss | 5-8 - FAE Summative Ass | 5-8 - FS Fire Safety | 8-11- KSS Peer Pressure | 8-11 - GAC Appropriate Touch/ Relationships | 8-11 - GAC Puberty | 8-11 - GAC Conception | 8-11 - GAC Adult & Children's Views

8-11 - GAC Summative Ass | 8-11 - FAE Baseline Ass | 8-11 - FAE Jealousy | 8-11 - FAE Anger | 8-11 - FAE Adult & Children's Views | 8-11 - FAE Worry | 8-11 - FAE Summative Ass | 8-11 - CS Online Bullying | 8-11 - AWWJ Inclusion and Acceptance

- *H20. strategies to respond to feelings, including intense or conflicting feelings; how to manage and respond to feelings appropriately and proportionately in different situations*

5-8 - REL Summative Ass | 5-8 - FAE Grief/loss | 5-8 - FAE Summative Ass | 8-11- KSS Peer Pressure | 8-11 - GAC Appropriate Touch/ Relationships | 8-11 - GAC Summative Ass | 8-11 - BR Looking Out for Others | 8-11 - FAE Baseline Ass | 8-11 - FAE Jealousy

8-11 - FAE Anger | 8-11 - FAE Adult & Children's Views | 8-11 - FAE Worry | 8-11 - FAE Summative Ass | 8-11 - CS Online Bullying | 8-11 - WW Enterprise | 8-11 - AWWJ Inclusion and Acceptance | 8-11 - FA Baseline Ass

- *H21. to recognise warning signs about mental health and wellbeing and how to seek support for themselves and others*

5-8 - FAE Grief/loss | 8-11 - KSH Baseline Ass | 8-11 - KSH Healthy Living | 8-11 - KSH Adult & Children's Views | 8-11 - KSH Summative Ass | 8-11 - GAC Appropriate Touch/ Relationships | 8-11 - GAC Adult & Children's Views | 8-11 - BR Looking Out for Others | 8-11 - FAE Baseline Ass

8-11 - FAE Worry

- *H22. to recognise that anyone can experience mental ill health; that most difficulties can be resolved with help and support; and that it is important to discuss feelings with a trusted adult*

8-11 - KSH Summative Ass | 8-11 - FAE Baseline Ass | 8-11 - FAE Summative Ass

Core Theme 1: Health and Wellbeing - KS2

KS2 Learning opportunities in Health and Wellbeing

Pupils learn...

- *H23. about change and loss, including death, and how these can affect feelings; ways of expressing and managing grief and bereavement*

5-8 - FAE Grief/loss | 5-8 - FAE Summative Ass | 8-11 - FAE Baseline Ass | 8-11 - FAE Summative Ass

- *H24. problem-solving strategies for dealing with emotions, challenges and change, including the transition to new schools*

5-8 - REL Touch | 5-8 - REL Summative Ass | 5-8 - FAE Grief/loss | 5-8 - FAE Summative Ass | 8-11- KSS Peer Pressure | 8-11 - GAC Appropriate Touch/ Relationships | 8-11 - GAC Puberty | 8-11 - GAC Adult & Children's Views | 8-11 - GAC Summative Ass

8-11 - BR Looking Out for Others | 8-11 - FAE Baseline Ass | 8-11 - FAE Jealousy | 8-11 - FAE Anger | 8-11 - FAE Adult & Children's Views | 8-11 - FAE Worry | 8-11 - FAE Summative Ass | 8-11 - CS Online Bullying | 8-11 - AWWJ Inclusion and Acceptance

8-11 - AWWJ British Values | 8-11 - FA Baseline Ass | 8-11 - FA First Aid - Year 4 | 8-11 - FA First Aid - Year 5 | 8-11 - FA First Aid - Year 6 (Part 1)

- *H25. about personal identity; what contributes to who we are (e.g. ethnicity, family, gender, faith, culture, hobbies, likes/dislikes)*

8-11 - GAC Appropriate Touch/ Relationships | 8-11 - BR Adult & Children's Views | 8-11 - AWWJ Breaking Down Barriers | 8-11 - AWWJ Inclusion and Acceptance | 8-11 - AWWJ Adult & Children's Views | 8-11 - AWWJ British Values

- *H26. that for some people gender identity does not correspond with their biological sex*

8-11 - AWWJ Inclusion and Acceptance

Core Theme 1: Health and Wellbeing - KS2

KS2 Learning opportunities in Health and Wellbeing

Pupils learn...

- *H27. to recognise their individuality and personal qualities*

8-11 - GAC Appropriate Touch/ Relationships | 8-11 - BR Baseline Ass | 8-11 - BR Adult & Children's Views | 8-11 - FAE Jealousy | 8-11 - WW Chores at Home | 8-11 - AWWJ Breaking Down Barriers | 8-11 - AWWJ Inclusion and Acceptance | 8-11 - AWWJ Adult & Children's Views | 8-11 - AWWJ British Values

- *H28. to identify personal strengths, skills, achievements and interests and how these contribute to a sense of self-worth*

8-11 - BR Baseline Ass | 8-11 - BR Adult & Children's Views | 8-11 - FAE Jealousy | 8-11 - WW Chores at Home | 8-11 - AWWJ Breaking Down Barriers

- *H29. about how to manage setbacks/perceived failures, including how to re-frame unhelpful thinking*

8-11 - FAE Jealousy

- *H30. to identify the external genitalia and internal reproductive organs in males and females and how the process of puberty relates to human reproduction*

8-11 - GAC Puberty | 8-11 - GAC Conception

Core Theme 1: Health and Wellbeing - KS2

KS2 Learning opportunities in Health and Wellbeing

Pupils learn...

- *H31. about the physical and emotional changes that happen when approaching and during puberty (including menstruation, key facts about the menstrual cycle and menstrual wellbeing, erections and wet dreams)*

8-11 - GAC Puberty | 8-11 - GAC Summative Ass

- *H32. about how hygiene routines change during the time of puberty, the importance of keeping clean and how to maintain personal hygiene*

8-11 - GAC Puberty | 8-11 - GAC Summative Ass

- *H33. about the processes of reproduction and birth as part of the human life cycle; how babies are conceived and born (and that there are ways to prevent a baby being made); how babies need to be cared for[1]* *- see page 54*

8-11 - GAC Conception | 8-11 - GAC Summative Ass

- *H34. about where to get more information, help and advice about growing and changing, especially about puberty*

8-11 - GAC Puberty | 8-11 - GAC Conception | 8-11 - GAC Summative Ass

Core Theme 1: Health and Wellbeing - KS2

KS2 Learning opportunities in Health and Wellbeing

Pupils learn...

- ***H35. about the new opportunities and responsibilities that increasing independence may bring***

5-8 - BR Summative Ass | 8-11- KSS Cycle Safety | 8-11- KSS Peer Pressure | 8-11 - KSS Adult & Children's Views | 8-11 - KSS Summative Ass | 8-11 - GAC Baseline Ass | 8-11 - BR Baseline Ass | 8-11 - BR Coming Home on Time | 8-11 - BR Adult & Children's Views

8-11 - CS Making Friends Online | 8-11 - CS Summative Ass | 8-11 - WW Chores at Home | 8-11 - WW In-App Purchases | 8-11 - FAE Worry

- ***H36. strategies to manage transitions between classes and key stages***

8-11 - FAE Worry

- ***H37. reasons for following and complying with regulations and restrictions (including age restrictions); how they promote personal safety and wellbeing with reference to social media, television programmes, films, games and online gaming***

5-8 - FS Fire Safety | 8-11 - KSS Baseline Ass | 8-11- KSS Cycle Safety | 8-11- KSS Peer Pressure | 8-11 - KSS Adult & Children's Views | 8-11- KSS Water Safety | 8-11 - KSS Summative Ass | 8-11 - KSH Smoking | 8-11 - KSH Alcohol/Drugs

8-11 - KSH Summative Ass | 8-11 - GAC Conception | 8-11 - BR Baseline Ass | 8-11 - BR Coming Home on Time | 8-11 - BR Adult & Children's Views | 8-11 - BR Stealing | 8-11 - FAE Anger | 8-11 - CS Baseline Ass | 8-11 - CS Adult & Children's Views

8-11 - CS Making Friends Online | 8-11 - CS Summative Ass | 8-11 - WW In-App Purchases | 8-11 - WW Summative Ass | 5-8 - CS Making Friends Online

- ***H38. how to predict, assess and manage risk in different situations***

5-8 - KSS Staying Safe | 5-8 - KSS Leaning Out of Windows | 5-8 - KSS Summative Ass | 5-8 - BR Summative Ass | 5-8 - HW Hazard Watch | 5-8 - FS Fire Safety | 8-11 - KSS Baseline Ass | 8-11- KSS Cycle Safety | 8-11- KSS Peer Pressure

8-11- KSS Water Safety | 8-11 - KSS Adult & Children's Views | 8-11 - KSS Summative Ass | 8-11 - KSH Alcohol/Drugs | 8-11 - BR Baseline Ass | 8-11 - CS Adult & Children's Views | 8-11 - CS Making Friends Online | 8-11 - FA Baseline Ass | 8-11 - FA First Aid - Year 4

8-11 - FA First Aid - Year 5 | 8-11 - FA First Aid - Year 6 (Part 1) | 8-11 - FA First Aid - Year 6 (Part 2) | 8-11 - FA Summative Ass | 5-8 - CS Making Friends Online

Core Theme 1: Health and Wellbeing - KS2

KS2 Learning opportunities in Health and Wellbeing

Pupils learn...

- *H39. about hazards (including fire risks) that may cause harm, injury or risk in the home and what they can do reduce risks and keep safe*

5-8 - KSS Staying Safe | 5-8 - KSS Leaning Out of Windows | 5-8 - KSS Summative Ass | 5-8 - HW Hazard Watch | 5-8 - FS Fire Safety | 8-11 - KSS Baseline Ass | 8-11- KSS Peer Pressure | 8-11 - KSS Adult & Children's Views | 8-11- KSS Water Safety

8-11 - KSS Summative Ass | 8-11 - KSH Summative Ass | 8-11 - BR Adult & Children's Views

- *H40. about the importance of taking medicines correctly and using household products safely, (e.g. following instructions carefully)*

5-8 - KSS Summative Ass | 5-8 - KSH Medicine | 5-8 - FS Fire Safety | 8-11 - KSS Adult & Children's Views | 8-11 - KSS Summative Ass | 8-11 - KSH Summative Ass

- *H41. strategies for keeping safe in the local environment or unfamiliar places (rail, water, road) and firework safety; safe use of digital devices when out and about*

5-8 - KSS Staying Safe | 5-8 - KSS Leaning Out of Windows | 5-8 - KSS Summative Ass | 5-8 - HW Hazard Watch | 5-8 - FS Fire Safety | 8-11 - KSS Baseline Ass | 8-11- KSS Cycle Safety | 8-11- KSS Peer Pressure | 8-11- KSS Water Safety

8-11 - KSS Adult & Children's Views | 8-11 - KSS Summative Ass | 8-11 - BR Baseline Ass | 5-8 - CS Making Friends Online

- *H42. about the importance of keeping personal information private; strategies for keeping safe online, including how to manage requests for personal information or images of themselves and others; what to do if frightened or worried by something seen or read online and how to report concerns, inappropriate content and contact*

8-11 - KSS Adult & Children's Views | 8-11 - CS Baseline Ass | 8-11 - CS Online Bullying | 8-11 - CS Image Sharing | 8-11 - CS Making Friends Online | 8-11 - CS Summative Ass | 5-8 - CS Making Friends Online

Core Theme 1: Health and Wellbeing - KS2

KS2 Learning opportunities in Health and Wellbeing

Pupils learn...

- ***H43. about what is meant by first aid; basic techniques for dealing with common injuries[2] - see page 54***

8-11 - FA Baseline Ass | 8-11 - FA First Aid - Year 4 | 8-11 - FA First Aid - Year 5 | 8-11 - FA First Aid - Year 6 (Part 1) | 8-11 - FA First Aid - Year 6 (Part 2) | 8-11 - FA Summative Ass

- ***H44. how to respond and react in an emergency situation; how to identify situations that may require the emergency services; know how to contact them and what to say***

5-8 - KSS Leaning Out of Windows | 5-8 - KSS Summative Ass | 5-8 - FS Fire Safety | 8-11 - FA Baseline Ass | 8-11 - FA First Aid - Year 4 | 8-11 - FA First Aid - Year 5 | 8-11 - FA First Aid - Year 6 (Part 1) | 8-11 - FA First Aid - Year 6 (Part 2) | 8-11 - FA Summative Ass

- ***H45. that female genital mutilation (FGM) is against British law, what to do and whom to tell if they think they or someone they know might be at risk[3] - see page 54***

Please view the links at the end of Growing and Changing Teacher Notes regarding FGM, there is also additional information on page 54 of this document

- ***H46. about the risks and effects of legal drugs common to everyday life (e.g.cigarettes, e-cigarettes/vaping, alcohol and medicines) and their impact on health; recognise that drug use can become a habit which can be difficult to break***

8-11 - KSH Smoking | 8-11 - KSH Adult & Children's Views | 8-11 - KSH Summative Ass

Core Theme 1: Health and Wellbeing - KS2

KS2 Learning opportunities in Health and Wellbeing

Pupils learn...

- *H47. to recognise that there are laws surrounding the use of legal drugs and that some drugs are illegal to own, use and give to others*

8-11 - KSH Smoking | 8-11 - KSH Alcohol/Drugs | 8-11 - KSH Summative Ass

- *H48. about why people choose to use or not use drugs (including nicotine, alcohol and medicines);*

8-11 - KSH Smoking | 8-11 - KSH Alcohol/Drugs

- *H49. about the mixed messages in the media about drugs, including alcohol and smoking/vaping*

8-11 - KSH Smoking

- *H50. about the organisations that can support people concerning alcohol, tobacco and nicotine or other drug use; people they can talk to if they have concerns*

8-11 - KSH Smoking | 8-11 - KSH Alcohol/Drugs

Core Theme 2: Relationships - KS2

KS2 Learning opportunities in Relationships

Pupils learn...

- *R1. to recognise that there are different types of relationships (e.g. friendships, family relationships, romantic relationships, online relationships)*

5-8 - KSS Staying Safe | 8-11 - GAC Appropriate Touch/ Relationships | 8-11 - GAC Adult & Children's Views | 8-11 - GAC Conception | 8-11 - GAC Summative Ass | 8-11 - CS Making Friends Online | 8-11 - AWWJ British Values

- *R2. that people may be attracted to someone emotionally, romantically and sexually; that people may be attracted to someone of the same sex or different sex to them; that gender identity and sexual orientation are different*

8-11 - GAC Puberty | 8-11 - GAC Conception | 8-11 - AWWJ Inclusion and Acceptance | 8-11 - AWWJ Adult & Children's Views

- *R3. about marriage and civil partnership as a legal declaration of commitment made by two adults who love and care for each other, which is intended to be lifelong*

8-11 - GAC Appropriate Touch/ Relationships | 8-11 - AWWJ Inclusion and Acceptance

- *R4. that forcing anyone to marry against their will is a crime; that help and support is available to people who are worried about this for themselves or others*

8-11 - GAC Appropriate Touch/ Relationships

Core Theme 2: Relationships - KS2

KS2 Learning opportunities in Relationships

Pupils learn...

- *R5. that people who love and care for each other can be in a committed relationship (e.g. marriage), living together, but may also live apart*

8-11 - GAC
Appropriate Touch/ Relationships

- *R6. that a feature of positive family life is caring relationships; about the different ways in which people care for one another*

5-8 - KSS
Staying Safe

5-8 - KSS
Summative Ass

5-8 - FAE
Grief/loss

8-11- KSS
Cycle Safety

8-11 - KSS
Adult & Children's Views

8-11 - GAC
Appropriate Touch/ Relationships

8-11 - GAC
Adult & Children's Views

8-11 - GAC
Conception

8-11 - WW
Chores at Home

8-11 - WW
Summative Ass

8-11 - AWWJ
Inclusion and Acceptance

8-11 - AWWJ
Adult & Children's Views

8-11 - AWWJ
British Values

5-8 - CS
Making Friends Online

- *R7. to recognise and respect that there are different types of family structure (including single parents, same-sex parents, step-parents, blended families, foster parents); that families of all types can give family members love, security and stability*

8-11 - GAC
Appropriate Touch/ Relationships

8-11 - GAC
Conception

8-11 - AWWJ
Baseline Ass

8-11 - AWWJ
Inclusion and Acceptance

8-11 - AWWJ
Adult & Children's Views

8-11 - AWWJ
British Values

8-11 - AWWJ
Summative Ass

- *R8. to recognise other shared characteristics of healthy family life, including commitment, care, spending time together; being there for each other in times of difficulty*

5-8 - KSS
Staying Safe

5-8 - KSS
Leaning Out of Windows

5-8 - KSS
Summative Ass

5-8 - REL
Touch

5-8 - FAE
Grief/loss

8-11- KSS
Cycle Safety

8-11 - KSS
Adult & Children's Views

8-11 - GAC
Appropriate Touch/ Relationships

8-11 - GAC
Adult & Children's Views

8-11 - WW
Chores at Home

8-11 - WW
Enterprise

8-11 - WW
Summative Ass

8-11 - AWWJ
Inclusion and Acceptance

Core Theme 2: Relationships - KS2

KS2 Learning opportunities in Relationships

Pupils learn...

- ***R9. how to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice***

5-8 - KSS Staying Safe | 5-8 - REL Touch | 5-8 - REL Summative Ass | 8-11 - KSH Alcohol/Drugs | 8-11 - GAC Appropriate Touch/ Relationships

- ***R10. about the importance of friendships; strategies for building positive friendships; how positive friendships support wellbeing***

5-8 - REL Summative Ass | 8-11- KSS Peer Pressure | 8-11 - KSH Alcohol/Drugs | 8-11 - GAC Adult & Children's Views | 8-11 - BR Looking Out for Others | 8-11 - FAE Baseline Ass | 8-11 - FAE Jealousy | 8-11 - AWWJ Breaking Down Barriers

- ***R11. what constitutes a positive healthy friendship (e.g. mutual respect, trust, truthfulness, loyalty, kindness, generosity, sharing interests and experiences, support with problems and difficulties); that the same principles apply to online friendships as to face-to-face relationships***

5-8 - KSH Medicine | 5-8 - REL Touch | 5-8 - REL Summative Ass | 5-8 - BR Stealing | 8-11- KSS Peer Pressure | 8-11 - KSH Smoking | 8-11 - GAC Adult & Children's Views | 8-11 - BR Looking Out for Others | 8-11 - BR Stealing

8-11 - FAE Baseline Ass | 8-11 - FAE Jealousy | 8-11 - FAE Adult & Children's Views | 8-11 - CS Online Bullying | 8-11 - CS Making Friends Online | 8-11 - CS Summative Ass | 8-11 - AWWJ Breaking Down Barriers | 8-11 - AWWJ Inclusion and Acceptance | 8-11 - AWWJ Adult & Children's Views

8-11 - AWWJ British Values | 5-8 - CS Making Friends Online

- ***R12. to recognise what it means to 'know someone online' and how this differs from knowing someone face-to-face; risks of communicating online with others not known face-to-face***

8-11 - CS Adult & Children's Views | 8-11 - CS Making Friends Online | 8-11 - CS Summative Ass | 5-8 - CS Making Friends Online

Core Theme 2: Relationships - KS2

KS2 Learning opportunities in Relationships

Pupils learn...

- *R13. the importance of seeking support if feeling lonely or excluded*

8-11 - BR Looking Out for Others | 8-11 - FAE Baseline Ass | 8-11 - FAE Jealousy | 8-11 - FAE Adult & Children's Views | 8-11 - FAE Summative Ass | 8-11 - CS Online Bullying | 8-11 - AWWJ Inclusion and Acceptance

- *R14. that healthy friendships make people feel included; recognise when others may feel lonely or excluded; strategies for how to include them*

8-11 - KSH Adult & Children's Views | 8-11 - GAC Adult & Children's Views | 8-11 - BR Looking Out for Others | 8-11 - FAE Jealousy | 8-11 - FAE Adult & Children's Views | 8-11 - AWWJ Breaking Down Barriers | 8-11 - AWWJ Inclusion and Acceptance

- *R15. strategies for recognising and managing peer influence and a desire for peer approval in friendships; to recognise the effect of online actions on others*

5-8 - KSH Medicine | 8-11- KSS Peer Pressure | 8-11- KSS Water Safety | 8-11 - KSS Summative Ass | 8-11 - KSH Smoking | 8-11 - KSH Alcohol/Drugs | 8-11 - CS Making Friends Online | 8-11 - CS Summative Ass | 8-11 - AWWJ Breaking Down Barriers | 8-11 - AWWJ Inclusion and Acceptance

- *R16. how friendships can change over time, about making new friends and the benefits of having different types of friends*

8-11 - GAC Appropriate Touch/ Relationships | 8-11 - FAE Jealousy | 8-11 - AWWJ Inclusion and Acceptance

Core Theme 2: Relationships - KS2

KS2 Learning opportunities in Relationships

Pupils learn...

- ***R17. that friendships have ups and downs; strategies to resolve disputes and reconcile differences positively and safely***

5-8 - REL Summative Ass | 8-11- KSS Peer Pressure | 8-11 - BR Looking Out for Others | 8-11 - FAE Jealousy | 8-11 - AWWJ Inclusion and Acceptance

- ***R18. to recognise if a friendship (online or offline) is making them feel unsafe or uncomfortable; how to manage this and ask for support if necessary***

5-8 - KSS Summative Ass | 5-8 - KSH Medicine | 5-8 - REL Touch | 5-8 - REL Summative Ass | 5-8 - BR Stealing | 8-11- KSS Peer Pressure | 8-11- KSS Water Safety | 8-11 - KSH Smoking | 8-11 - GAC Summative Ass

8-11 - BR Looking Out for Others | 8-11 - CS Online Bullying | 8-11 - CS Adult & Children's Views | 8-11 - CS Making Friends Online | 8-11 - CS Summative Ass | 5-8 - CS Making Friends Online

- ***R19. about the impact of bullying, including offline and online, and the consequences of hurtful behaviour***

5-8 - REL Summative Ass | 8-11 - BR Looking Out for Others | 8-11 - CS Online Bullying | 8-11 - CS Summative Ass

- ***R20. strategies to respond to hurtful behaviour experienced or witnessed, offline and online (including teasing, name-calling, bullying, trolling, harassment or the deliberate excluding of others); how to report concerns and get support***

5-8 - REL Summative Ass | 5-8 - FAE Summative Ass | 8-11 - BR Looking Out for Others | 8-11 - FAE Jealousy | 8-11 - FAE Summative Ass | 8-11 - CS Online Bullying | 8-11 - CS Adult & Children's Views | 8-11 - CS Making Friends Online | 8-11 - CS Summative Ass

8-11 - AWWJ Inclusion and Acceptance | 5-8 - CS Making Friends Online

Core Theme 2: Relationships - KS2

KS2 Learning opportunities in Relationships

Pupils learn...

- *R21. about discrimination: what it means and how to challenge it*

8-11 - AWWJ Baseline Ass | 8-11 - AWWJ Breaking Down Barriers | 8-11 - AWWJ Inclusion and Acceptance | 8-11 - AWWJ British Values

- *R22. about privacy and personal boundaries; what is appropriate in friendships and wider relationships (including online);*

5-8 - KSS Staying Safe | 5-8 - KSS Summative Ass | 5-8 - REL Touch | 5-8 - REL Summative Ass | 5-8 - BR Stealing | 8-11- KSS Peer Pressure | 8-11 - GAC Appropriate Touch/ Relationships | 8-11 - BR Looking Out for Others | 8-11 - BR Stealing

8-11 - CS Online Bullying | 8-11 - CS Adult & Children's Views | 8-11 - CS Making Friends Online | 8-11 - CS Summative Ass | 5-8 - CS Making Friends Online

- *R23. about why someone may behave differently online, including pretending to be someone they are not; strategies for recognising risks, harmful content and contact; how to report concerns*

8-11 - CS Adult & Children's Views | 8-11 - CS Making Friends Online | 8-11 - CS Summative Ass | 5-8 - CS Making Friends Online

- *R24. how to respond safely and appropriately to adults they may encounter (in all contexts including online) whom they do not know*

5-8 - KSS Staying Safe | 5-8 - KSS Summative Ass | 8-11 - KSS Baseline Ass | 8-11 - KSS Summative Ass | 8-11 - GAC Appropriate Touch/ Relationships | 8-11 - CS Adult & Children's Views | 8-11 - CS Making Friends Online | 8-11 - CS Summative Ass

8-11 - FA Baseline Ass | 8-11 - FA First Aid - Year 4 | 8-11 - FA First Aid - Year 5 | 8-11 - FA First Aid - Year 6 (Part 1) | 8-11 - FA First Aid - Year 6 (Part 2) | 8-11 - FA Summative Ass | 5-8 - CS Making Friends Online

Core Theme 2: Relationships - KS2

KS2 Learning opportunities in Relationships

Pupils learn...

- *R25. recognise different types of physical contact; what is acceptable and unacceptable; strategies to respond to unwanted physical contact*

5-8 - KSS Summative Ass | 5-8 - REL Touch | 5-8 - REL Summative Ass | 8-11 - GAC Appropriate Touch/ Relationships | 8-11 - BR Looking Out for Others | 8-11 - FAE Anger

- *R26. about seeking and giving permission (consent) in different situations*

5-8 - KSS Staying Safe | 5-8 - KSS Summative Ass | 5-8 - KSH Medicine | 5-8 - REL Touch | 5-8 - BR Stealing | 5-8 - HW Hazard Watch | 8-11 - KSS Adult & Children's Views | 8-11 - KSS Summative Ass | 8-11 - BR Coming Home on Time

8-11 - BR Stealing | 8-11 - CS Making Friends Online | 8-11 - CS Summative Ass | 8-11 - WW Summative Ass | 5-8 - CS Making Friends Online

- *R27. about keeping something confidential or secret, when this should (e.g. a birthday surprise that others will find out about) or should not be agreed to, and when it is right to break a confidence or share a secret*

8-11 - GAC Appropriate Touch/ Relationships

- *R28. how to recognise pressure from others to do something unsafe or that makes them feel uncomfortable and strategies for managing this*

5-8 - KSS Staying Safe | 5-8 - KSS Summative Ass | 5-8 - KSH Medicine | 5-8 - BR Stealing | 5-8 - FS Fire Safety | 8-11- KSS Peer Pressure | 8-11- KSS Water Safety | 8-11 - KSS Summative Ass | 8-11 - KSH Smoking

8-11 - CS Making Friends Online | 5-8 - CS Making Friends Online

Core Theme 2: Relationships - KS2

KS2 Learning opportunities in Relationships

Pupils learn...

- *R29. where to get advice and report concerns if worried about their own or someone else's personal safety (including online)*

5-8 - KSS Staying Safe	5-8 - KSS Summative Ass	5-8 - REL Touch	5-8 - REL Summative Ass	5-8 - FAE Summative Ass	5-8 - HW Hazard Watch	5-8 - FS Fire Safety	8-11 - KSS Baseline Ass	8-11- KSS Peer Pressure
8-11 - KSS Adult & Children's Views	8-11- KSS Water Safety	8-11 - KSS Summative Ass	8-11 - GAC Appropriate Touch/ Relationships	8-11 - GAC Summative Ass	8-11 - CS Adult & Children's Views	8-11 - CS Making Friends Online	8-11 - CS Summative Ass	
8-11 - FA Baseline Ass	8-11 - FA First Aid - Year 4	8-11 - FA First Aid - Year 5	8-11 - FA First Aid - Year 6 (Part 1)	8-11 - FA First Aid - Year 6 (Part 2)	8-11 - FA Summative Ass	5-8 - CS Making Friends Online		

- *R30. that personal behaviour can affect other people; to recognise and model respectful behaviour online*

5-8 - FS Fire Safety	8-11- KSS Cycle Safety	8-11 - BR Baseline Ass	8-11 - BR Coming Home on Time	8-11 - BR Adult & Children's Views	8-11 - BR Stealing	8-11 - FAE Baseline Ass	8-11 - FAE Jealousy	8-11 - FAE Anger
8-11 - CS Baseline Ass	8-11 - CS Online Bullying	8-11 - CS Adult & Children's Views	8-11 - CS Summative Ass	8-11 - WW Chores at Home	8-11 - WW In-App Purchases	8-11 - WW Summative Ass	8-11 - AWWJ Inclusion and Acceptance	8-11 - AWWJ British Values

- *R31. to recognise the importance of self-respect and how this can affect their thoughts and feelings about themselves; that everyone, including them, should expect to be treated politely and with respect by others (including when online and/or anonymous) in school and in wider society; strategies to improve or support courteous, respectful relationships*

5-8 - KSS Staying Safe	5-8 - REL Summative Ass	5-8 - BR Stealing	5-8 - FS Fire Safety	8-11 - GAC Summative Ass	8-11 - BR Coming Home on Time	8-11 - BR Looking Out for Others	8-11 - BR Stealing	8-11 - CS Online Bullying
8-11 - CS Summative Ass	8-11 - WW Chores at Home	8-11 - AWWJ Baseline Ass	8-11 - AWWJ Breaking Down Barriers	8-11 - AWWJ Inclusion and Acceptance	8-11 - AWWJ Adult & Children's Views	8-11 - AWWJ British Values	8-11 - AWWJ Summative Ass	

- *R32. about respecting the differences and similarities between people and recognising what they have in common with others e.g. physically, in personality or background*

8-11 - GAC Appropriate Touch/ Relationships	8-11 - GAC Conception	8-11 - AWWJ Baseline Ass	8-11 - AWWJ Breaking Down Barriers	8-11 - AWWJ Inclusion and Acceptance	8-11 - AWWJ Adult & Children's Views	8-11 - AWWJ British Values	8-11 - AWWJ Summative Ass

Core Theme 2: Relationships - KS2

KS2 Learning opportunities in Relationships

Pupils learn...

- *R33. to listen and respond respectfully to a wide range of people, including those whose traditions, beliefs and lifestyle are different to their own*

8-11 - KSS Adult & Children's Views | 8-11 - KSH Adult & Children's Views | 8-11 - GAC Adult & Children's Views | 8-11 - BR Adult & Children's Views | 8-11 - FAE Jealousy | 8-11 - FAE Anger | 8-11 - FAE Adult & Children's Views | 8-11 - CS Adult & Children's Views | 8-11 - WW Adult & Children's Views

8-11 - AWWJ Baseline Ass | 8-11 - AWWJ Inclusion and Acceptance | 8-11 - AWWJ Adult & Children's Views | 8-11 - AWWJ British Values

- *R34. how to discuss and debate topical issues, respect other people's point of view and constructively challenge those they disagree with*

8-11- KSS Peer Pressure | 8-11 - KSS Adult & Children's Views | 8-11 - KSH Adult & Children's Views | 8-11 - KSH Alcohol/Drugs | 8-11 - GAC Adult & Children's Views | 8-11 - BR Baseline Ass | 8-11 - BR Adult & Children's Views | 8-11 - FAE Anger | 8-11 - FAE Adult & Children's Views

8-11 - CS Adult & Children's Views | 8-11 - WW Adult & Children's Views | 8-11 - AWWJ Baseline Ass | 8-11 - AWWJ Inclusion and Acceptance | 8-11 - AWWJ Adult & Children's Views | 8-11 - AWWJ British Values

Core Theme 3: Living in the Wider World - KS2

KS2 Learning opportunities in Living in the Wider World

Pupils learn...

- *L1. to recognise reasons for rules and laws; consequences of not adhering to rules and laws*

5-8 - BR Stealing | 5-8 - FS Fire Safety | 8-11- KSS Cycle Safety | 8-11 - KSS Adult & Children's Views | 8-11- KSS Water Safety | 8-11 - KSS Summative Ass | 8-11 - KSH Smoking | 8-11 - KSH Alcohol/Drugs | 8-11 - BR Baseline Ass

8-11 - BR Coming Home on Time | 8-11 - BR Stealing | 8-11 - CS Adult & Children's Views | 8-11 - CS Making Friends Online | 8-11 - CS Summative Ass | 8-11 - WW Chores at Home | 8-11 - WW In-App Purchases | 8-11 - AWWJ British Values

Core Theme 3: Living in the Wider World - KS2

KS2 Learning opportunities in Living in the Wider World

Pupils learn...

- *L2. to recognise there are human rights, that are there to protect everyone*

8-11 - GAC Appropriate Touch/ Relationships | 8-11 - AWWJ Inclusion and Acceptance | 8-11 - AWWJ British Values

- *L3. about the relationship between rights and responsibilities*

8-11 - BR Baseline Ass | 8-11 - BR Adult & Children's Views | 8-11 - AWWJ British Values

- *L4. the importance of having compassion towards others; shared responsibilities we all have for caring for other people and living things; how to show care and concern for others*

5-8 - FAE Grief/loss	5-8 - FAE Summative Ass	5-8 - OW Looking After Our World	5-8 - OW Summative Ass	8-11- KSS Cycle Safety	8-11- KSS Peer Pressure	8-11 - GAC Summative Ass	8-11 - BR Looking Out for Others	8-11 - BR Adult & Children's Views
8-11 - FAE Baseline Ass	8-11 - FAE Jealousy	8-11 - FAE Adult & Children's Views	8-11 - WW Chores at Home	8-11 - WW Summative Ass	8-11 - AWWJ Baseline Ass	8-11 - AWWJ Breaking Down Barriers	8-11 - AWWJ Inclusion and Acceptance	8-11 - AWWJ Adult & Children's Views
8-11 - AWWJ British Values	8-11 - AWWJ Summative Ass	8-11 - FA Baseline Ass	8-11 - FA First Aid - Year 4	8-11 - FA First Aid - Year 5	8-11 - FA First Aid - Year 6 (Part 1)	8-11 - FA First Aid - Year 6 (Part 2)	8-11 - FA Summative Ass	

- *L5. ways of carrying out shared responsibilities for protecting the environment in school and at home; how everyday choices can affect the environment (e.g. reducing, reusing, recycling; food choices)*

5-8 - OW Looking After Our World | 5-8 - OW Summative Ass | 8-11 - KSS Baseline Ass | 8-11 - BR Baseline Ass | 8-11 - BR Adult & Children's Views | 8-11 - WW Chores at Home | 8-11 - WW In-App Purchases | 8-11 - WW Summative Ass | 8-11 - AWWJ Breaking Down Barriers

Core Theme 3: Living in the Wider World - KS2

KS2 Learning opportunities in Living in the Wider World

Pupils learn...

- *L6. about the different groups that make up their community; what living in a community means*

5-8 - FS Fire Safety | 8-11- KSS Cycle Safety | 8-11 - GAC Appropriate Touch/ Relationships | 8-11 - WW Chores at Home | 8-11 - WW Adult & Children's Views | 8-11 - WW Summative Ass | 8-11 - AWWJ Baseline Ass | 8-11 - AWWJ Breaking Down Barriers | 8-11 - AWWJ Inclusion and Acceptance | 8-11 - AWWJ Adult & Children's Views | 8-11 - AWWJ British Values | 8-11 - AWWJ Summative Ass

- *L7. to value the different contributions that people and groups make to the community*

5-8 - OW Looking After Our World | 5-8 - OW Summative Ass | 8-11- KSS Cycle Safety | 8-11 - BR Baseline Ass | 8-11 - WW Baseline Ass | 8-11 - WW Chores at Home | 8-11 - WW Adult & Children's Views | 8-11 - WW Summative Ass | 8-11 - AWWJ Adult & Children's Views | 8-11 - AWWJ British Values | 8-11 - AWWJ Summative Ass

- *L8. about diversity: what it means; the benefits of living in a diverse community; about valuing diversity within communities*

8-11 - GAC Appropriate Touch/ Relationships | 8-11 - GAC Conception | 8-11 - AWWJ Baseline Ass | 8-11 - AWWJ Breaking Down Barriers | 8-11 - AWWJ Inclusion and Acceptance | 8-11 - AWWJ Adult & Children's Views | 8-11 - AWWJ British Values | 8-11 - AWWJ Summative Ass

- *L9. about stereotypes; how they can negatively influence behaviours and attitudes towards others; strategies for challenging stereotypes*

8-11 - AWWJ British Values

Core Theme 3: Living in the Wider World - KS2

KS2 Learning opportunities in Living in the Wider World

Pupils learn...

- *L10. about prejudice; how to recognise behaviours/actions which discriminate against others; ways of responding to it if witnessed or experienced*

8-11 - BR Looking Out for Others | 8-11 - AWWJ Breaking Down Barriers | 8-11 - AWWJ Inclusion and Acceptance | 8-11 - AWWJ Adult & Children's Views | 8-11 - AWWJ British Values

- *L11. recognise ways in which the internet and social media can be used both positively and negatively*

8-11 - CS Baseline Ass | 8-11 - CS Online Bullying | 8-11 - CS Adult & Children's Views | 8-11 - CS Making Friends Online | 8-11 - CS Summative Ass | 5-8 - CS Making Friends Online

- *L12. how to assess the reliability of sources of information online; and how tomake safe, reliable choices from search results*

8-11 - CS Baseline Ass | 8-11 - CS Summative Ass | 5-8 - CS Making Friends Online

- *L13. about some of the different ways information and data is shared and used online, including for commercial purposes*

8-11 - CS Baseline Ass | 8-11 - WW In-App Purchases

Core Theme 3: Living in the Wider World - KS2

KS2 Learning opportunities in Living in the Wider World

Pupils learn...

- *L14. about how information on the internet is ranked, selected and targeted at specific individuals and groups; that connected devices can share information*

8-11 - CS Baseline Ass

- *L15. recognise things appropriate to share and things that should not be shared on social media; rules surrounding distribution of images*

8-11 - CS Image Sharing | 8-11 - CS Adult & Children's Views | 8-11 - CS Summative Ass

- *L16. about how text and images in the media and on social media can be manipulated or invented; strategies to evaluate the reliability of sources and identify misinformation*

8-11 - CS Baseline Ass | 8-11 - CS Image Sharing | 8-11 - CS Adult & Children's Views

- *L17. about the different ways to pay for things and the choices people have about this*

8-11 - WW Baseline Ass | 8-11 - WW Enterprise | 8-11 - WW Adult & Children's Views | 8-11 - WW In-App Purchases | 8-11 - WW Summative Ass

Core Theme 3: Living in the Wider World - KS2

KS2 Learning opportunities in Living in the Wider World

Pupils learn...

- *L18. to recognise that people have different attitudes towards saving and spending money; what influences people's decisions; what makes something 'good value for money'*

8-11 - WW Enterprise | 8-11 - WW Adult & Children's Views | 8-11 - WW In-App Purchases

- *L19. that people's spending decisions can affect others and the environment (e.g. Fair trade, buying single-use plastics, or giving to charity)*

8-11 - WW In-App Purchases | 8-11 - WW Summative Ass

- *L20. to recognise that people make spending decisions based on priorities, needs and wants*

8-11 - WW Enterprise | 8-11 - WW Adult & Children's Views

- *L21. different ways to keep track of money*

8-11 - WW In-App Purchases

Core Theme 3: Living in the Wider World - KS2

KS2 Learning opportunities in Living in the Wider World

Pupils learn...

- *L22. about risks associated with money (e.g. money can be won, lost or stolen) and ways of keeping money safe*

8-11 - WW
In-App Purchases

- *L23. about the risks involved in gambling; different ways money can be won or lost through gambling-related activities and their impact on health, wellbeing and future aspirations*

8-11 - WW
In-App Purchases

- *L24. to identify the ways that money can impact on people's feelings and emotions*

8-11 - WW
Enterprise

8-11 - WW
In-App Purchases

- *L25. to recognise positive things about themselves and their achievements; set goals to help achieve personal outcomes*

8-11 - FAE
Jealousy

8-11 - WW
Chores at Home

8-11 - AWWJ
Breaking Down Barriers

Core Theme 3: Living in the Wider World - KS2

KS2 Learning opportunities in Living in the Wider World

Pupils learn...

- *L26. that there is a broad range of different jobs/careers that people can have; that people often have more than one career/type of job during their life*

8-11 - WW Chores at Home

8-11 - WW Adult & Children's Views

- *L27. about stereotypes in the workplace and that a person's career aspirations should not be limited by them*

8-11 - WW Chores at Home

- *L28. about what might influence people's decisions about a job or career (e.g. personal interests and values, family connections to certain trades or businesses, strengths and qualities, ways in which stereotypical assumptions can deter people from aspiring to certain jobs)*

8-11 - WW Chores at Home

8-11 - WW Adult & Children's Views

- *L29. that some jobs are paid more than others and money is one factor which may influence a person's job or career choice; that people may choose to do voluntary work which is unpaid*

8-11 - WW Chores at Home

Core Theme 3: Living in the Wider World - KS2

KS2 Learning opportunities in Living in the Wider World

Pupils learn...

- ***L30. about some of the skills that will help them in their future careers e.g. teamwork, communication and negotiation***

8-11 - BR
Coming Home on Time

8-11 - WW
Chores at Home

- ***L31. to identify the kind of job that they might like to do when they are older***

8-11 - WW
Chores at Home

8-11 - WW
Adult & Children's Views

- ***L32. to recognise a variety of routes into careers (e.g. college, apprenticeship, university***

8-11 - WW
Chores at Home

1 Pupils are often aware that sexual intercourse does not always result in a baby and they may already be aware of or have heard about some common methods of contraception (e.g. condoms, the contraceptive pill or avoiding sexual intercourse). A basic understanding of contraception can be taught at primary level. This may include basic information about common forms of contraception (for example, condoms and the contraceptive pill) and how these can prevent a baby being made. Schools will need to decide whether this is appropriate for their community and cohorts and consider how to approach this as part of Sex Education.

2 Common injuries might include bruises, scalds, burns, bleeds (cuts or nose bleeds). Schools might also choose to teach about how to manage asthma attacks, allergic reactions, a person who is choking or unresponsive. For head injuries, pupils should be taught to seek adult help immediately but not to attempt to move the person.

3 Teaching about FGM could be included in units on health, keeping safe, safe relationships, privacy, body parts (including external genitalia).

Our 5-8 modules/topics

For more information on our resources, please visit: *www.1decision.co.uk*

Keeping/Staying Safe

- Road Safety
- Leaning Out of Windows
- Staying Safe
- Tying Shoelaces

Keeping/Staying Healthy

- Healthy Eating
- Brushing Teeth
- Washing Hands
- Medicine

Relationships

- Bullying
- Body Language
- Friendship
- Touch

Being Responsible

- Practice Makes Perfect
- Helping Someone in Need
- Stealing
- Water Spillage

Feelings and Emotions

- Jealousy
- Worry
- Anger
- Grief

Computer Safety

- Online Bullying
- Image Sharing
- Making Friends Online
- Computer Safety Documentary

Our World

- Growing in Our World
- Living in Our World
- Working in Our World
- Looking After Our World

Hazard Watch

- Is it safe to eat or drink?
- Is it safe to play with?

Special Edition Module - Fire Safety

- Hoax Calling
- Petty Arson
- Enya and Deedee Visit the Fire Station
- Texting Whilst Driving

Please note, we also cover many other areas of each topic. Contact 1decision for more details.

Our 8-11 modules/topics

For more information on our resources, please visit: www.1decision.co.uk

Keeping/Staying Safe

- Cycle Safety
- Peer Pressure
- Water Safety
- Adults & Children's Views on Keeping/Staying Safe

Keeping/Staying Healthy

- Healthy Living
- Smoking
- Alcohol
- Adults & Children's Views on Keeping/Staying Healthy

Growing and Changing

- Relationships
- Puberty
- Conception
- Adults & Children's Views on Growing and Changing

Being Responsible

- Coming Home on Time
- Looking Out for Others
- Stealing
- Adults & Children's Views on Being Responsible

Feelings and Emotions

- Jealousy
- Anger
- Worry
- Adults & Children's Views on Feelings and Emotions

Computer Safety

- Online Bullying
- Image Sharing
- Making Friends Online
- Adults & Children's Views on Computer Safety

The Working World

- Chores at Home
- Enterprise
- In-App Purchases
- Adults & Children's Views on The Working World

A World Without Judgement

- Breaking Down Barriers
- Inclusion and Acceptance
- British Values
- Adults & Children's Views on A World Without Judgement

Special Edition Module - First Aid

- First Aid - Year 4
- First Aid - Year 5
- First Aid - Year 6 (Part 1)
- First Aid - Year 6 (Part 2)

Please note, we also cover many other areas of each topic. Contact 1decision for more details.



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V.4