Hodnet Primary School PE long term plan overview using Get Set 4 PE. 2026

		Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
R	Teacher lesson x2	Intro to PE Units 1&2	Gymnastics Units 1&2	Games Units 1&2	Dance Units 1&2	Introduction to ball skills Units 1&2	Fundamentals Units 1&2
1	Teacher lesson x2	FUNdamentals / Ball Skills	Dance	Gymnastics	Sending & Receiving / Invasion Games	Target Games / Athletics	Net & Wall / Striking & Fielding
2	Teacher lesson x 2	FUNdamentals / Ball Skills	Dance	Gymnastics	Sending & Receiving / Invasion games (uni-hoc)	Target Games / Athletics	Net & Wall (Tennis) / Striking & Fielding
3	Teacher lesson	FUNdamentals 4 weeks	OAA / Alt. sports Archery	Dance	Hockey	Swimming	Netball skills
	Sports Coach lesson	Fitness	Ball Skills/Football	Gymnastics	Tennis	Athletics	Cricket
4	Teacher lesson	FUNdamentals 4 weeks	OAA / Alt. sports Archery	Dance	Basketball	Swimming	Rounders
	Sports Coach lesson	Fitness	Tag Rugby	Gymnastics	Tennis	Athletics	Football
5	Teacher lesson	Fitness 2 weeks / OAA	Netball	Dance	Hockey	Rounders	Swimming
	Sports Coach lesson	Tag Rugby	Alternative sports	Gymnastics	Tennis	Athletics	Cricket
6	Teacher lesson	Fitness 2 weeks / OAA	Tag Rugby	Dance	Basketball	Rounders	Swimming
	Sports Coach lesson	Netball	Football	Gymnastics	Tennis	Athletics	Cricket

Key

Fundamentals	Invasion Games	Striking & Fielding Games	Net and Wall	Gymnastics	Dance	Outdoor Adventure	Athletics	Alternative Sports	Swimming