

Harvest appeal



Help support your food bank this Harvest

In the three weeks leading up to Harvest, the food bank will provide many food parcels for local individuals and families facing hardship.

Donate food



Donate an item or two from our shopping list, ensuring we can provide food for people facing hardship in your community.

Donate money



Help to cover the costs of storing and distributing food, as well as developing sustainable projects.

Shopping list

UHT milk (semi-skim)

Fruit juice (long-life)

Tinned soup

Tinned fruit & veg

Instant mash/tin potato

Corned beef/spam/ham

Sponge puddings/cake

Packets plain rice

Coffee & biscuits

Rice pudding/custard

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