

## PSHE vision statement 2022- 26



Our PSHE lessons encourage children to reflect on their contribution and responsibility to their local community as well as their wider role in society. Strategies are developed for maintaining positive mental health and the importance of making healthy choices to support an active lifestyle is promoted, whilst raising awareness of situations that will require help. Children are equipped with an understanding of risk and the knowledge and skills necessary to make safe and informed decisions in an everchanging society. An adaptive curriculum will address world events in an age-appropriate manner to help children navigate thoughts and feelings. PSHE includes aspects of school life not confined to the classroom, therefore we provide our learners' opportunities to make choices and decisions in the issues which affect our lives.

Through RSE lessons, learners will become confident in accepting changes to their body and emotions as they grow up. They will discuss different types of families and relationships and how to respect and nurture these.

The overarching aim is to enable children to have a positive role in the global community whilst taking responsibility for their health and using informed judgements to stay safe.