



Physical Education Policy 2022-2025

Reviewed every 3 years by the Curriculum and Standards Committee

First reviewed: November 2022

Signed Jenny Darmanin Chair of committee

Signed Penny Lyall Headteacher

This policy should be read in conjunction with the following policies:

- Curriculum policy
- Early Years policy
- Assessment policy
- Behaviour policy
- SEND policy
- Teaching and Learning policy
- Marking and Feedback policy
- Safeguarding & Child Protection policy

Safeguarding statement of intent:

Safeguarding all our children is of paramount importance to us therefore, all necessary risk assessments are carried out prior to any activity. Enhanced DBS checks are carried out when recruiting new staff or volunteers. When welcoming visitors we check whether they have a DBS and carefully monitor their contact with children according to the regulated activity rules in the DBS guidelines. We are a "Safer School" and at least one member of staff and governors who are involved in the recruitment process have attended "Safer Recruitment Training." New staff are made aware of all the related Safeguarding documents including the Child Protection policy as part of the induction process and all staff receive Child Protection Awareness training regularly.

Whole School Curriculum Intent

At Hodnet Primary School, we endeavour to provide a broad and balanced, but flexible, curriculum which meets the needs of our children, and enables every child to fulfil their potential. We pride ourselves on our ability to tailor our curriculum to the interests and needs of our children and involve the children in their own learning as much as possible. Our curriculum reflects our school aims for every child; encouraging positive relationships based upon mutual trust and respect whilst maintaining a 'can do' strive for success attitude. Our ambitious curriculum has been designed to follow the statutory requirements for all children from the Early Years Foundation Stage and the National Curriculum. We ensure that children have the opportunity to experience the curriculum and express themselves as an individual.

The key principles behind our [curriculum design](#) are based on these wishes for our children:

To be happy, respectful and kind

To be confident with a strong sense of self-belief

To be resilient

To be excited and inspired by learning

To be an independent learner and a creative thinker

To have high aspirations

To be creative

To have eyes open to a world beyond their immediate surroundings

To be an effective communicator

To have the knowledge and skills they need to succeed

Physical Education curriculum mission statement.

Hodnet Primary School believes that Physical Education and sport have an essential role to play in a child's physical, social, emotional and intellectual development. Our Physical Education curriculum aims to set the foundations for a life-long participation in sport through the provision of a broad and balanced curriculum which children of all abilities can enjoy. We aim to develop the fundamental skills and competence required to develop physical literacy and enable children to excel in a wide range of physical activities. Children will have the opportunity to challenge themselves by taking part in competitive and physically demanding activities, where effort and hard-work, as well as success, are celebrated. The Physical Education curriculum aims to provide all children with the opportunity to develop self-confidence and to manage themselves successfully in a range of situations, including opportunities for pupils to take on leadership roles in which they can further develop their skills and embed sporting values. Through our Physical Education curriculum we also aim to encourage children to understand the importance of an active and healthy lifestyle, to enable them to make informed choices about their own lifestyle.

Physical Education Curriculum Implementation

We expose our children to enriching experiences, immersing them in progressive knowledge and skills and equipping them with personal characteristics required to succeed in life.

We organise our learning opportunities into a themed based approach on a two year rolling programme. Our themes are broad to enable many learning opportunities to link within the topic.

CYCLE A	Autumn	Spring	Summer
KSI	Castle Adventures	Exciting Journeys	I need a Hero!
LKS2	Stone Age to Iron Age	Europe	Ancient Egypt
UKS2	To infinity and Beyond	WWII	Globe Trotting

CYCLE B	Autumn	Spring	Summer
KSI	London Adventures	Amazing Animals	Spectacular Seashore
LKS2	Made in Shropshire	Roman Invasion	Mighty Mountains
UKS2	Glorious Greeks and More! <i>from 2023 onwards</i>	The magic of the Rainforest	Invaders and Settlers <i>from 2023 onwards</i>

All children will receive a minimum of 2 hours of timetabled Physical Education each week. We also aim for children from Year 1 upwards to take part in a 15 minute run/walk a minimum of three times each week to help develop fitness. This is not timetabled to enable class teachers to be flexible but should take place on the three days that children do not have a timetabled PE lesson.

We provide a wide range of opportunities to take part in competitive sport through both intra and inter school competitions, enabling all children to showcase their skills. We develop links with local sports clubs to help promote a life-long love of sport and to enable children to progress further with sports that they demonstrate a particular interest or talent in.

Early Years Foundation Stage

Children are given opportunities to improve their physical development during discrete PE sessions and through active learning and continuous provision. Children participate in a range of activities that develop their co-ordination, control and movement.

Key Stage One

Children are given the opportunity to participate in a wide range of activities, including dance and gymnastics, allowing them to master basic movement skills, agility, balance and co-ordination. Children participate in team games, developing tactics for attacking and defending. Children are given opportunities to compete against each other and against other schools.

Key Stage Two

Children continue to develop a broad range of movement skills and learn to apply them to specific sports. Children are encouraged to both work within teams and compete against each other. Activities develop children's flexibility, strength, techniques, control and balance. Year 6 will have opportunities to lead sporting activities for children in other year groups. Educational visits in Year 6 provide children opportunities to participate in outdoor and adventurous activities. Children will receive swimming instruction, developing a range of strokes. In Year 6, they will also be provided with opportunities to learn how to self-save in water.

Extra-curricular activities

Pupils have the opportunity to participate in a range of extra-curricular activities which are currently run by Activsports. The after school clubs offered include football and multi-sports. One lunchtime club per week will focus on team training for upcoming competitions. The second lunchtime club will focus on less active children or marginalised groups, such as girls' football.

Curriculum Impact

We measure the impact of our curriculum intent by reviewing what we hope to achieve against what we deliver and monitoring that alongside our curriculum aims.

Teachers continually assess and monitor the learning in PE through observations made during lessons which are used to provide immediate intervention or challenge, if appropriate, and to inform future planning. Children's progress is tracked on Tapestry against the National Curriculum objectives.

Achievements are celebrated in assemblies and are displayed in the hall. Our school teams regularly compete against other local schools and we ensure that a wide range of children have the opportunity to apply their skills in these competitive situations. Our long term plan is reviewed each year and adjusted following discussion with staff and pupils.

Curriculum sparkles!

At Hodnet we encompass the key drivers of Cultural Capital by ensuring our curriculum has that bit of extra sparkle by including the following enrichment opportunities:

	Weekly magic!	Termly specials!	Visits/visitors	One offs	Extra bits
EYFS	<ul style="list-style-type: none">• Forest Schools• Gardening• Outdoor / physical Maths• Picture news	<ul style="list-style-type: none">• Curriculum weeks x3 (2021/22)• mental health,		<ul style="list-style-type: none">• RAF projects/garden projects• Sports day in house teams	

		music, RE/cultural)			
KS1	<ul style="list-style-type: none"> • Forest Schools • Outdoor Maths • Fitness run/walk (3 x per week) • Picture news 	<ul style="list-style-type: none"> • Curriculum weeks x3 (2021/22 mental health, music, RE/cultural) 		<ul style="list-style-type: none"> • Selected inter schools sports competitions • RAF projects/garden projects • Sports day in house teams 	<ul style="list-style-type: none"> • Scootability
LKS2	<ul style="list-style-type: none"> • Fitness run/walk (3 x per week) • Picture news 	<ul style="list-style-type: none"> • Curriculum weeks x3 (2021/22 mental health, music, RE/cultural) • House sports competitions 		<ul style="list-style-type: none"> • Swimming • Multiple inter schools sports competitions • RAF projects/garden projects • Sports day in house teams 	<ul style="list-style-type: none"> • Stepping Out road safety
UKS2	<ul style="list-style-type: none"> • Fitness run/walk (3 x per week) • Sports Captains • Picture news 	<ul style="list-style-type: none"> • Curriculum weeks x3 (2021/22 mental health, music, RE/cultural) • House sports competitions 		<ul style="list-style-type: none"> • Swimming • Swimming gala • Multiple inter schools sports competitions • RAF projects/garden projects • Sports day in house teams 	<ul style="list-style-type: none"> • Oakerwood Residential trip. 1 week. • Bikeability programme